



# Student Reflections - Remote Interprofessional Education Instruction

The change to remote delivery necessitated by the COVID-19 pandemic required curriculum developers, faculty, and students to make major shifts in the 2020-21 academic year. Below are some of the students' reflections on their learning in this year of disruption.

## TOOLS & ADVOCACY

At the start of this year, I was definitely more awkward and not very confident in IPE. Through this class making us get out of our comfort zones and giving us the tools (literally) to help guide us through things that we will probably see in real life, I know I have definitely experienced some major growth. This last time, I actually felt really comfortable working with my team (that hasn't been an issue before, we just flow and work together so well now) and with the patient. I definitely talk more now than I used to and help lead the team at points more when before I shied away from it. - PHARMACY



My experience will help with my ability to advocate for my future patients in my professional career. I will carry the tools I have learned to make sure I am properly advocating for my patients. Also, since having this experience, I will be more confident in my ability to lead an interprofessional team. - PHYSICAL THERAPY



## My largest growth comes from...

...being able to communicate clearly with team members and using the ADVOCACY tool if I see a problem that needs to be addressed within the team. I feel as if IPE has given me the opportunity to know how to communicate problems within a team without overstepping boundaries or sounding harsh. I know that effective team communication leads to better patient care, and I am thankful for that skill set. - AUDIOLOGY

## Empathy and Patient-Centered Care

It made me realize how important it is to show empathy to your patient, try to get to know them, & provide care on a level where they understand you & know that you are working in the best interest for them. These experiences have reinforced to me that I want to get to know patients & their unique situations outside of the chief complaint where I could build a relationship with them, form trust, & provide care in multiple areas of their life. MEDICINE



## LEARNING ABOUT ALS & END OF LIFE CARE



When beginning the experience this year, I knew very little about ALS and the progression of the disease. When reading the background information, I immediately realized the severity of the disease and the unfortunate outcome. Interacting with the SP allowed me to get a better understanding of how to interact with a patient with ALS. In addition, I was able to interact with these students to treat our patient in the best way possible. I was able to grow as a servant leader by understanding the importance of listening to others and respecting their ideas/actions. Also, I was able to further develop my leadership skills. I believe leadership is not always taking the lead or talking the most. Sometimes the leader is simply an observer and allows the group to work together to solve the problem at hand. - PHARMACY

## TEAMS & TEAMWORK.

I was really proud to be a part of this team. My growth in being a servant leader has really come from an understanding of the strength of leaning on the expertise of my fellow team members. Instead of feeling the need to have all the answers, it was great to be able to hand things off to a team member that was best equipped to handle any questions or concerns that the patient had in regards to pharmaceutical, physical therapy, and speech therapy interventions. I've begun to realize that there is strength in numbers and different expertises within the medical field. We all provide better care when we lean upon those that are best equipped to handle the patient's problem at hand.

My experience in IPE has instilled within me a confidence to tackle any role that I must play in providing care for a patient -- whether it is a lead role in caring for the patient or a support role. I'm comfortable "running the point" and passing off patient concerns with a warm handoff and also comfortable being the reference for somebody else that is taking a lead role in the interview. I've become increasingly aware that the visit is patient-centered and the patient needs and care is central to how we must function as a team. - MEDICINE